

Audiences with Authors

2009

with

**Stella Acquarone, Lisa Appignanesi,
Stephen Briggs, Marilyn Lawrence,
Alexandra Lemma, Rosine J. Perelberg,
Joan Raphael-Leff**

at

The London Centre for Psychotherapy

Booking Form

Name

Address

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Telephone number

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I would like to register for the following talks:

January 24th Marilyn Lawrence

February 21st Lisa Appignanesi

May 16th Alexandra Lemma

June 6th Joan Raphael Leff

June 27th Rosine Perelberg

October 17th Stella Acquarone

November 14th Stephen Briggs

I enclose a cheque for £ payable to The London Centre for Psychotherapy

Please return to:

The London Centre for Psychotherapy
32, Leighton Road, Kentish Town
London NW5 2QE

Information

Venue:

LCP
32 Leighton Road
Kentish Town NW5 2QE

Times:

Saturday mornings

Registration	10.00am
Speakers and discussion	10:30-12:00
Refreshments	12:00

Admission:

£17 (in advance)	£20 (at the door)
Students	£10

A 10% discount is available if all seven events are booked in advance.

There are a limited number of tickets available For LCP trainees and staff. Please contact the Office on the numbers below.

Further information:

tel: 020 7482 2002 / 2282
e-mail: info@lcp-psychotherapy.org.uk
web-site: www.lcp-psychotherapy.org.uk

About the LCP:

The LCP, established in 1974, provides a Professional Association for around two hundred practising psychotherapists. In 1997 the LCP moved to its new premises, where it carries out the work of the Clinic and Training Programmes and holds Public Events, including Art Exhibitions, and Professional Activities.

All Audiences with Authors events have been organised in aid of the London Centre for Psychotherapy - Registered Charity No. 267244. All proceeds from these events will go to The London Centre for Psychotherapy, a member institution of the British Psychoanalytic Council.

Events are eligible for CPD credits

Saturday, 24th January 2009

The Anorexic Mind.

By Marilyn Lawrence (Tavistock Clinic Series, 2008)

The Book:

Eating disorders vary in severity from developmental difficulties in adolescence, which may be transitory, to serious and chronic mental illnesses. *The Anorexic Mind* offers a coherent approach to these difficult and demanding problems, always underlining the point that, while many manifestations are physical, eating disorders have their origins, as well as their solutions, in the mind. While anorexia nervosa may be considered the central syndrome in eating disorders, this book also considers how it links and differs from bulimia nervosa, the more common related disorder. In the process of the research on anorexia and bulimia, valuable insights have been gained into the very common problem of overeating.

The Speaker:

Marilyn Lawrence is a Member of the British Psychoanalytical Society and a Fellow of the Institute of Psychoanalysis. She works in the Adult Department of the Tavistock Clinic and in private practice in London. She has a long-standing interest in eating disorders, as well as in gender and sexual development. Her published works include *The Anorexic Experience* (1984), *Fed Up and Hungry* (1989), and *Fighting Food* (1990). She is currently Programme Director of the Foundation Course in Psychoanalytic Psychotherapy at the Tavistock and Portman NHS Foundation Trust and is Director of Publications at the Institute of Psychoanalysis.

Saturday, 21st February 2009

Mad, Bad and Sad: A History of Women and the Mind Doctors from 1800 to the Present.

By Lisa Appignanesi (Virago, 2008)

The Book:

‘Informative in startling ways, and never dull in the academic way, Appignanesi’s genuinely new History of the Mind Doctors is a subtle and accessible account of that perhaps most daunting of modern relationships, the one between the Mind Doctor and his female patient. Because Appignanesi has a complex story to tell there is no blaming at work in this wonderful book, but a shrewd and sympathetic apprehension of what is at stake in the difficult histories of both the Mind Doctors and those they seek to help. It is a remarkable achievement.’ (Adam Phillips)

‘This is a book with a broad scope and a bold aim: to look at the history of the study of the female mind over the past two centuries. It asks whether the contents of a woman’s head need be regarded as any different to those of a man. The premise from the outset is clear: Appignanesi does not see women as inherently mad, bad or sad but is fascinated as to why, over the years, we have continued to classify them in these categories far more often than we do men.’ (Viv Groskop, Observer Book review)

The Speaker:

Lisa Appignanesi is a novelist, writer and broadcaster. She is President of English PEN and Chair of The Freud Museum, London. She has written many books, fiction and non-fiction. Her latest novel is the prize-winning *The Memory Man* [Arcadia]. Her other fictions include the psychological thrillers *Paris Requiem*, *Sanctuary*, the bestselling *The Dead of Winter* [Bantam], as well as *The Things we do for Love*, *A good Woman*, *Dreams of Innocence and Memory and Desire* [Harper Collins].

Her non-fiction includes the much praised family memoir, *Losing the Dead* [Chatto/Vintage]. She has also written a life of *Simone de Beauvoir* [Haus, 2005], *Cabaret* [Yale University Press, 2004] and a book on James, Proust and Musil. She is co-author of the classic study, *Freud’s Women* with John Forrester [3rd edition; Phoenix, 2005]. Her books have been translated into many languages.

Saturday, 16th May 2009

Envy and Gratitude Revisited.

By Priscilla Roth & Alexandra Lemma (Eds.) (IPA Publication, 2008)

The Book:

These stimulating essays are evidence that 50 years after its publication Melanie Klein's *Envy and Gratitude* is still a rich source of psychoanalytic inspiration. Sixteen highly regarded analysts, representing a wide range of psychoanalytic thinking, provide new insights and highlight current developments without avoiding —the controversies that surround the original publication. The clinical and literary material is engaging and illustrates the effect of theory and practice and the influence of practice on the evolution of theory.

The Speaker:

Dr Alessandra Lemma is the Trust-wide Head of Psychology at the Tavistock and Portman NHS Foundation Trust. Her clinical work is based within the Adolescent Department. She is a member of the British Psychoanalytical Society and also works privately as a psychoanalyst. She is Honorary Senior Lecturer at UCL and at Essex University.

She has published several academic books on psychology and psychotherapy: *Starving to Live: The Paradox of Anorexia Nervosa* [Central Publishing, 1994], *Invitation to Psychodynamic Psychology* [Whurr, 1995], *Introduction to Psychopathology* [Sage, 1996], *Humour on the Couch* [Whurr, 2000], *Introduction to the Practice of Psychoanalytic Psychotherapy* [Wiley, 2003], *The Perversion of Loss: Psychoanalytic Perspectives on Trauma* (Ed. with S. Levy) [Whurr, 2004], and *Relating to Suicide and Self-Harm: Psychoanalytic Perspectives on Theory, Practice and Prevention* (Ed. with S. Briggs & W. Crouch) [Routledge, 2008]. She is currently working on a book entitled *Body Matters: Psychoanalytic Perspectives on Body Modification* [Routledge].

Saturday, 6th June 2009

Female Experience: Four Generations of British Women Psychoanalysts on Work with Women.

By Joan Raphael-Leff & Rosine J. Perelberg (Eds.) (Anna Freud Centre, 2008)

The Book:

Female Experience now brings together contributions from four generations of British women psychoanalysts writing about their own experiences of working with female patients and questioning the specific determinants of female sexuality and gender identity which have become central in psychoanalytic debate. The authors represent a cross-section of different theoretical orientations and draw on varied professional backgrounds. Individual chapters cover different phases of the female life cycle, with overarching themes of relationships, mourning, female creativity and the obstacles to it. Specifically the authors deal with female bodily representations, phantasies, desires, sexual abuse, eating disorders, child-bearing, perinatal loss and postnatal depression and early exchanges between mother and baby, as these have arisen in the female to female psychoanalytic encounter.

The insights this book gives into the woman analyst's way of listening to and understanding women's preoccupations, and the introductions to theoretical debate, illustrate why British analysts have made such a huge contribution to the psychoanalytic gender debate in the past and more recently.

Contributors: Barbie Antonis, Enid Balint; Catalina Bronstein; Dana Birksted-Breen; Marion Burgner; Alicia Etchegoyen; Gioglia Fornari Spoto, Paola Mariotti; Maggie Mills; Rosine Jozef Perelberg; Dinora Pines; Joan Raphael-Leff; Joan Riviere; Joan Schachter, Valerie Sinason; Deborah Steiner; Maria A. Tallandini; Jane Temperley, Elizabeth Wolf. (Both editors are widely published Fellows of the British Psychoanalytical Society and Members of the International Psychoanalytical Association..)

The Speaker:

Joan Raphael-Leff, Visiting Professor at UCL, leads the Academic Faculty for Psychoanalytic Research at the Anna Freud Centre, and a government funded training programme for professionals working with teenage parents.

Saturday, 27th June 2009

Time, Space and Phantasy.

By Rosine Jozef Perelberg (Routledge, The New Library of Psychoanalysis, 2008)

The Book:

‘This is a deeply intelligent and original book, yet written in a clear and simple style which avoids jargon. Reading *Time, Space and Phantasy* gives you the feeling that you are discovering ideas that were never brought together in quite this way... This exceptional book has many remarkable clinical illustrations and closes with a beautiful chapter, written with Bella Jozef... followed by thoughts on creativity in psychoanalytical research.’ (Marilia Aisenstein, Past President of the Société Psychanalytique de Paris)

‘The breadth of Rosine Perelberg’s anthropological and cultural background makes her one of the most interesting voices in analytic writing today. Both in theoretical discussions and with vivid extended case histories, she reveals the many ways that time as a subjective experience and temporality as a concept pervade psychoanalytic thinking. The comparison of psychoanalytic and scientific views of time, and a remarkable discussion of time in Latin American fiction, makes for a complex and rewarding mixture.’

(Michael Parsons, Training Analyst, Fellow of the British Institute of Psychoanalysis)

Time, Space and Phantasy examines the connections between time, space, phantasy and sexuality in clinical practice. It explores the subtleties of the encounter between patient and analyst, addressing how aspects of the patient’s unconscious past are actualized in the present, producing new meanings that can be retranslated to the past. Throughout this text, Perelberg draws together connections between time, mental space, and phantasy showing how time is constantly reshaped in the light of new events and experiences.

The Speaker:

Rosine Jozef Perelberg, PhD, is a Training Analyst and Supervisor, Member of the British Psycho-Analytical Society. She is visiting Professor at the Psychoanalysis Unit, UCL. Between 2003 and 2007 she was Chair of the Curriculum Committee and served in the Admissions and Education Committees. She is now Member of the Training Staff Committee. She undertook her PhD in Social Anthropology at the London School of Economics. Between 1989 and 1999 she was an Associate Editor, New Library of Psychoanalysis and on the Editorial Board of the *International Journal of Psychoanalysis*. She is also on the advisory boards of numerous international journals. Since 1997 she has convened the British–French Colloquium on Sexuality with Monique Cournut and Chantal Lechartier-Atlan from the Société Psychanalytique de Paris. In 2007 she was named a Woman of the Year by the National Council of Women in Brazil.

As well as contributing to numerous publications, including *International Journal of Psychoanalysis*, *Nouvelle Revue de Psychanalyse*, *Psychiatrie de L'enfant*, *Revue Francaise de Psychosomatique*, *Actualités Psychosomatiques*, *Jornal Brasileiro de Psicanalise*, and *Trieb and Kinderanalyse*, Dr Perelberg has co-edited or edited the following books: *Female Experience: Three generations of British women psychoanalysts on work with women* (1997), with Joan Raphael-Leff; *Psychoanalytic Understanding of Violence and Suicide* (1998); *Dreaming and Thinking* (2000); *Freud: A Modern Reader* (2005); and *Time and Memory* (2007).

Time, Space and Phantasy has been published in the New Library of Psychoanalysis (2008).

Saturday, 17th October 2009

***Signs of Autism in Infants: Recognition and Early Intervention.*
By Stella Acquarone (Ed), (Karnac Books, 2007)**

The Book:

International researchers and clinicians renowned for their work in the field of early autism come together to resolve queries around the long debate on the development and resolution of autism. In this book contributors outline their views on the possibility of preventing the full development of autistic behaviour. They set down clear guidance for professionals in identifying early signs of alarm and offer a model of psychoanalytically informed interventions to treat the pre-autistic infant.

The Speaker:

Stella Acquarone, PhD, is an adult and child psychoanalytic psychotherapist. She has worked in the National Health Service in England for 32 years alongside private practice. She founded the Infant Parent Clinic in 1990 and the School of Infant Mental Health in London; she is also a founder of the International Pre-Autistic Network.

She has taught internationally on Parent-Infant psychotherapy and the treatment of autistic behaviour in young people over the past 30 years. She has contributed to numerous publications, including *Psychodynamic Early Intervention in Impaired Mother-Infant Relationships* (1987); *Eleven Kinds of Infant Psychotherapies* (2002); *Helping the Helpers: Containing Anxieties of Professionals Working with Under Fives* (2008). Stella Acquarone is a Member of the European Registry of Psychoanalytic Psychotherapy for Adults, Adolescents and Children, and a member of NAAP (National Association for the Advancement of Psychoanalysis. New York).

Saturday, 14th November, 2009

***Relating to Self-Harm and Suicide: Psychoanalytic Perspectives on Practice, Theory and Prevention.*
By Stephen Briggs, Alexandra Lemma, William Crouch (Eds.), (Routledge, 2008)**

The Book:

'This book offers a complex and in depth approach to coping with suicidal patients by understanding them better, helping them with effective psychoanalytical treatment and applying psychoanalytical ideas to identify protective factors in suicide prevention.' (Nicholas Temple, From the Preface)

Relating to Self-Harm and Suicide presents original studies and research from contemporary psychoanalysts, therapists and academics focusing on the psychoanalytic understanding of suicide and self-harm, and how this can be applied to clinical work and policy. This powerful critique of current thinking suggests that suicide and self harm must be understood as having meaning within interpersonal and intrapsychic relationships, offering a new and more helpful dimension for prevention and recovery.

Contributors include David Bell, Donald Campbell, Robert Hale, Jeanne Magagna, Susi Orbach and Stephen Briggs.

The Speaker:

Stephen Briggs is Professor and Director of the Centre for Social Work Research at the University of East London and Vice Dean in the Adolescent Department of the Tavistock Clinic. He has worked as a clinician, teacher and researcher in the Tavistock's Adolescent Department since 1991 and has written widely on infancy, adolescence and suicide.